

Pretty CURECTIONS

AFTERCARE

THE DAY OF YOUR TREATMENT: LEAVE EVERYTHING ON YOUR SKIN AND BEGIN YOUR AFTERCARE THE NEXT MORNING.

AFTER 7 DAYS, BEGIN FULL SKINCARE REGIMEN DETAILS LOCATED ON; HOW TO USE PRODUCTS PAGE, CHOOSE YOUR SKIN TYPE

3 STEP PROCESS

#1 MILD CLEANSER

PURITY CLEANSER

#2 VITAMIN C SERUM

PVC SERUM

#3 MOISTURIZER

PRETTY PROTECT SPF: DAYTIME

SEAMLESS or PRETTY INTENSE HYDRATING: NIGHT TIME

*IF YOU DO NOT HAVE PVC VITAMIN C SERUM, PROCEED WITH APPLYING MOISTURIZER

7 DAY AFTERCARE

MORNING ROUTINE

STEP 1. CLEANSE: PURITY CLEANSER

STEP 2. SERUM: VITAMIN C SERUM

STEP 3. MOISTURIZE: PRETTY PROTECT SPF

*IF YOU DO NOT HAVE PVC VITAMIN C SERUM, PROCEED WITH APPLYING MOISTURIZER

7 DAY AFTERCARE

NIGHT TIME ROUTINE

STEP 1. CLEANSE: PURITY CLEANSER

STEP 2. SERUM: VITAMIN C SERUM

**STEP 3. MOISTURIZE: NIGHT TIME
MOISTURIZER**

*IF YOU DO NOT HAVE PVC VITAMIN C SERUM, PROCEED WITH APPLYING MOISTURIZER

" P E E L "

D O ' S & D O N T ' S

DO'S

STAY MOISTURIZED
USE SUNSCREEN DAILY

DONT'S

DO NOT PEEL, PICK OR SCRATCH
NO EXTREME HOT SHOWERS,
NO HOT TUBS, NO DIRECT SUN
NO EXERCISE FOR 2/3 DAYS
NO MAKEUP MIN 24 HOURS
NO RETINOIDS FOR 10 DAYS

DEPENDING ON YOUR PEEL RECEIVED YOU WILL BEGIN PEELING 2-4 DAYS AFTER THE PEEL .
PEEL DURATION DEPENDS ON THE STRENGTH OF THE PEEL LAST UP TO 10 DAYS

RETURN TO YOUR REGULAR REGIMEN AFTER 7 DAYS

HOW TO APPLY PRODUCTS

CLEANSE- PLACE A DIME SIZE AMOUNT OF CLEANSER ON YOUR FINGERS, ADD WATER AND APPLY TO FACE MOVE IN CIRCULAR MOTION FOR 2 MIN AND THEN RINSE.

CLEANSING BAR- LATHER SOAP IN CLEAN HANDS AND APPLY TO SKIN, MOVE IN A CIRCULAR MOTION. RINSE.

EXFOLIANTS- WIPE ON SKIN, LET DRY. THEN APPLY SERUMS.

TONERS- SPRAY ON A COTTON ROUND, PRESS ON TO FACE. LEAVE ON. DO NOT RINSE.

SERUMS- PRESS ONTO SKIN. DO NOT RINSE.

MOISTURIZERS- PRESS ONTO SKIN. DO NOT RINSE.

SKIN TIPS

BREAK OUTS:

USE ICE IN A CIRCULAR MOTION FOR APPROX 2-3 MINS ON THE BLEMISH AREA.

USE POTENT ACNE SERUM ON THE BLEMISH AREA AND THEN APPLY SULFUR ON TOP.

USE COOL WATER TO CLEANSE SKIN INSTEAD OF HOT.

ITCHY INFLAMED SKIN:

COOL COMPRESSES

COLD ALOE VERA GEL

DEHYDRATED/ DRY SKIN:

COLD ALOE VERA AS A MASK FOR 20 MIN
RINSE WITH COLD WATER.

APPLY HEAVY LAYER OF VITAMIN C SERUM.
FOLLOW UP WITH A GENEROUS AMOUNT
MOISTURIZER.