

NEW CLIENT EXPERIENCE

THE JOURNEY

PREMIER
pretty
skin

**A STEP-BY-STEP
PROCESS**

WWW.PREMIERPRETTY.COM

WHAT TO EXPECT

NEW CLIENT APPT:

CONSULTS ARE INCLUDED IN OUR NEW CLIENT APPTS. WE WILL SPEND SOME TIME DISCUSSING SKIN CONCERNS, PRIOR SKIN TREATMENTS AND THE PRODUCTS YOU ARE CURRENTLY USING.

how to come in

Please come bare faced; be sure not to receive any other treatments or use any prescriptions/products with acids 1 week prior to your appt

CONSULT/PRODUCTS

BRING A LIST OF THE PRODUCTS YOU ARE CURRENTLY USING. WE WILL DISCUSS THE BEST DIRECTION FOR TREATMENTS AND PRODUCTS COLLECTIVELY. IF NECESSARY WE WILL GO OVER PROGRAMS AND PACKAGES THAT WILL BE BENEFICIAL FOR YOUR SKIN NEEDS.

NO WORRIES. WE HAVE A GREAT IN HOUSE PAYMENT PROGRAM THAT CAN BE PAID INTO MULTIPLE INSTALLMENTS.

THOUGH OUR PRODUCTS ARE NOT INCLUDED IN THE FIRST TIME COST, WE WILL SUGGEST WHAT'S ESSENTIAL TO GET STARTED. HOWEVER, IF YOU ARE READY FOR THE COMPLETE PRODUCT REGIMEN LAYOUT WE WILL DISCUSS WHICH PRODUCTS TO BEGIN WITH.

FULL REGIMEN: two different cleansers, toner, serums, night time moisture and spf.... we usually hold off on the exfoliant as you will not be needing that right away

AFTER CARE: one cleanser, brightening serum and spf

AFTERCARE

#1 MILD CLEANSER

PURITY CLEANSER

#2 VITAMIN C SERUM

PVC SERUM

#3 MOISTURIZER

DAYTIME :PRETTY PROTECT SPF

NIGHT TIME: SEAMLESS or GLO' INTENSE HYDRATING

*IF YOU DO NOT HAVE PVC VITAMIN C SERUM, PROCEED WITH APPLYING MOISTURIZER

FULL CARE

AFTER A WEEK

AFTER CHEMICAL PEELS & MICRONEEDLING YOU WILL DO A WEEK OF AFTER CARE. TYPICALLY AFTER FACIAL TREATMENTS YOU WILL DO ONLY 3-4 DAYS OF AFTER CARE. SUPER EASY, WE PROMISE!

USING ALL THE PRODUCTS COLLECTIVELY MAY SEEM OVERWHELMING IF YOU ARE NEW TO USING PRODUCTS, BUT I PROMISE ITS IMPORTANT IN THE ENTIRE SCHEME OF CORRECTING THE SKIN.

WHEN USING GOOD PRODUCTS (LIKE OURS) WE CAN GUARANTEE RESULTS , FAST RESULTS!

How to Use

DAY TIME

STEP1  **CLEANSER**

CLEANSER WITH PURITY MILD CLEANSER

STEP2  **TONE**

APPLY TONER TO A COTTON ROUND AND
WIPE OVER ENTIRE SKIN. NO RINSE

STEP3  **SERUM**

APPLY VITAMIN C SERUM > IF LAYERING SEVERAL
SERUMS WAIT 2 MIN IN BETWEEN

STEP4  **PROTECT**

SPF- PROTECT THE SKIN!

NIGHT TIME

STEP1  **CLEANSER**

CLEANSER WITH PURITY MILD CLEANSER
THEN CLEANSER WITH ACTIVE CLEANSER

STEP2  **EXFOLIANT**

APPLY EXFOLIANT GEL ON SKIN LEAVE ON OR
USE SCRUB IN CIRCULAR MOTION THEN RINSE
EXFOLIATE 2-3 TIMES WEEKLY

STEP3  **TONE**

APPLY TONER TO A COTTON ROUND
AND WIPE OVER ENTIRE SKIN

STEP4  **SERUM/MOISTURIZE**

APPLY VITAMIN C SERUM IF LAYERING SERUMS
WAIT 2 MIN IN BETWEEN THEN MOISTURIZE

PURGING

WHATS PURGING???

CONGESTION SITTING UNDER YOUR SKIN WILL NEED TO DETOX

THIS CAN BE A VERY FRUSTRATING PROCESS HOWEVER ITS A NECESSARY PROCESS THAT THE SKIN HAS TO GO THROUGH FOR THE LONGEVITY HEALTH OF THE SKIN. SOME CLIENTS DON'T EXPERIENCE ANY PURGING AT ALL AND SOME MAY EVEN EXPERIENCE SOME PURGING TWICE THROUGHOUT THE SKIN CORRECTION JOURNEY.

AFTER CARE

AFTER EACH VISIT

AFTERCARE

AFTER EACH VISIT YOU WON'T
DO ANYTHING TO YOUR'E SKIN,
ABSOLUTELY NOTHING!!!

NO CLEANSING, NO TOUCHING.
THE NEXT MORNING YOU WILL
BEGIN AFTERCARE. THESE
INSTRUCTIONS ARE PROVIDED
ON THE MAIN WEBSITE

WWW.PREMIERPRETTY.COM

USE ICE OR COLD COMPRESS IF EXPERIENCE TINGLING OR ANY BURNING SENSATION. KEEP A LOG OF
WHAT YOU EXPERIECE AFTER EACH SERVICE

FULL CARE

AFTER COMPLETING THE AFTERCARE

FULL REGIMEN

THIS IS WHERE YOU PUT ALL THE PRODUCTS TOGETHER TO COLLECTIVELY TREAT THE SKIN. THE COMPLETE INSTRUCTIONS ON HOW TO USE PRODUCTS ARE LOCATED ON THE "HOW TO USE" PAGE ON THE MAIN WEBSITE.

WWW.PREMIERPRETTY.COM

Remedies

BREAKING OUT

IF YOU ARE EXPERIENCING LOADS OF BREAKOUTS.... USE YOUR ACTIVE CLEANSER MORE OFTEN.

HYPERPIGMENTATION

THERES DIFFERENT TYPES OF HYPERPIGMENTATION. BE SURE TO HAVE A BRIGHTENING SERUM SUCH AS PROPLEX OR THE COJIC FOR MORE INTENSE DARK AREAS

BREAKING OUT

ROTATE ICE ON BLEMISHES ADD BLEMISH TREATMENT ON TOP OF THE BLEMISH AREAS AFTER YOUR FINAL STEP.

HYPERPIGMENTATION

USE HYDRATION AND COLD THERAPY TO HELP HEAL THE SKIN WHICH IN TURN WILL HELP LIGHTEN.NO AGGRESSIVE EXFOLIATION

DRYNESS

WHEN DEHYDRATED BE SURE TO EXFOLIATE THE SKIN LIGHTLY AND LOAD UP ON HYDRATION. LOOK LIKE YOU GOT IN A FIGHT WITH THE MOISTURIZER AND THE MOISTURE WON!

DARKMARKS

OMG USE THE BEST BLEACHING SERUM "THE COJIC" ALSO KNOWN AS HYDRABTIRE 3 TIMES A WEEK

DRYNESS

FINISHING YOUR REGIMEN WITH A ICE PACK OR ICE GLOBE LOCKS IN MOISTURE

LAYERING SERUMS

SERUMS CAN BE LAYEREDBUT WE RECOMMEND SPREADING OUT THE SERUMS THAT ARE SUPER POTENT LIKE ..POTENT ACNE SERUM/THE COJIC/RETINOL

TRACK PROGRESS



FIRST TREATMENT



SECOND TREATMENT



THIRD TREATMENT



FOURTH TREATMENT

TRACK PROGRESS



RECOMMENDATIONS

EXTRAS THAT WILL BE VERY VITAL TO THE SKIN HEALTH

*CHANGE PILLOW CASES EVERY OTHER DAY (FLIP THE CASE)

*CHANGE HAIR SCARVES EVERY OTHER DAY

*BE AWARE OF DUSTY AND GREASY ENVIRONMENTS (WEAR MASK)

*DONT LET THE DOG LICK YA!

*KEEP YOU'RE HANDS OFF

FOOD SUGGESTIONS

*OVERLY HYDRATE. DRINK THE WATER PLEASE!!!

*SCALE BACK ON THE SPICY FOODS

*REMOVE DAIRY FROM YOUR DIET

*REMOVE LOADS OF SUGAR FROM YOUR DIET

THIS ALL MAY SEEM LIKE ALOT AT FIRST BUT WE PROMISE YOU WILL NOTICE A GRAND DIFFERENCE. YOU WILL BE SO HAPPY WITH RESULTS THAT YOU WILL BE MINDFUL OF THE THINGS YOU DO DAY TO DAY

PRESCRIPTIONS & SUPPLEMENTS

SCRIPTSSSSSS

OUR GOAL IS TO GET YOU AWAY FROM THE CONSTANT USE OF PRESCRIPTIONS. If we work together with products and treatments we can effectiely eliminate the use of prescriptions altogether.

SUPPLEMENTS

NOTHING WRONG HERE,,, I just wanna state that; when taking anything away or introducing a supplement into you're routine, the skin will possibly go through a withdrawal period, which will cause some breaking out!

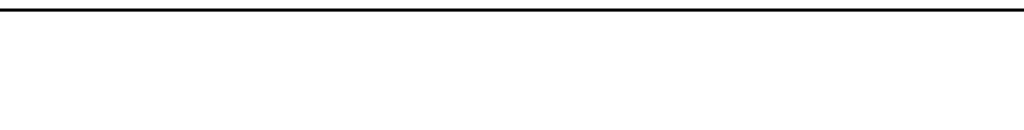
FOOD DUMP

A series of horizontal lines for writing. The page features a thick olive green bar at the top, followed by a single thin black line. Below this is a large section with three thick black lines, serving as a separator. The remainder of the page is filled with a series of thin black horizontal lines, providing space for text entry.

NOTES



NOTES



NOTES

A series of horizontal lines for writing notes. The page starts with a solid olive-green bar at the top, followed by a thick black line. Below this, there are multiple thin black lines spaced evenly down the page, creating a ruled area for text.

HOW TO KEEP IN TOUCH

VAGARO SCHEDULING APP: RESCHEDULE AND CANCEL

The system will allow you to reschedule or cancel your appt before the 24 hr timeframe. You will never lose your deposit as long as you cancel in the timeframe.

WE PROMISE YOU WILL NOT LOSE YOUR DEPOSIT!

WIX TEXTING APP

ASK US A QUESTION!

AS LONG AS ITS NOT ASKING US TO CHANGE YOUR APPT LOL.
SKIN QUESTIONS, PRODUCT QUESTIONS OR GENERAL QUESTIONS
ABOUT AVAILABILITY.

YOU CAN FIND THE SPACES BY WIX APP ON THE MAIN WEBSITE
PREMIERPRETTY.COM ON THE CONTACT PAGE

EMAIL:

GOOD OLE EMAIL, WE ACUTALLY RESPOND TO EMAILS...FEEL FREE TO
SEND US A MESSAGE HERE IF THE APP JUST ISN'T YOUR THING.

PREMIERPRETTYSKIN@GMAIL.COM

REMEMBER EACH CLIENT IS RESPONSIBLE FOR RESCHEDULING BEFORE THE 24 HR TIMEFRAME